



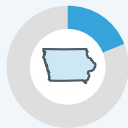
## Medicaid Matters to Iowa's 1st Congressional District (IA-01)

### Iowa's Medicaid program is a lifeline in Southeast and Central Iowa

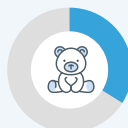
Medicaid provides health coverage for children, working families, veterans, vulnerable seniors, people with disabilities and many others in Iowa.<sup>1</sup>

Medicaid serves as the core financial backbone of Southeast and Central Iowa's health care system, paying for care and services at local clinics and hospitals and serving as a critical engine for the local economy.

### In IA-01, Medicaid Serves:



A total of 149,100 people — **19%** of all residents in the district.<sup>2</sup>



A total of 54,900 children — **34%** of all children in the district.<sup>3</sup>



A total of **26,200 seniors** and **people with disabilities**.<sup>4</sup>

**Hundreds of thousands of Iowans are at risk of losing access to care if Congress cuts or caps Medicaid funding, forcing the state to offset budget holes by throwing people off coverage, cutting provider reimbursement, and/or eliminating essential health services.**<sup>5</sup> Any cut to Medicaid is a direct attack on the health and financial security of people living in Iowa and runs counter to the will of the vast majority of voters from across political parties who want Congress to continue to guarantee coverage for low-income people through Medicaid.<sup>6</sup>



A total of **82% of adults** want Congress to maintain or increase Medicaid spending.<sup>7</sup>



A total of **67% of Republicans** want Congress to maintain or increase Medicaid spending.<sup>8</sup>



A total of **71% of voters** want Congress to continue to guarantee coverage for low-income people through Medicaid.<sup>9</sup>

## Protecting Medicaid Means:

### CHILDREN IN IA-01

Have access to newborn care, checkups, care for diabetes and asthma, and more.

Stay healthy and ready to learn, miss fewer school days, are more likely to graduate, and earn more as adults.<sup>10</sup>



### FAMILIES IN IA-01

Have access to cancer screenings, mental health and substance use disorder treatment, and diabetes and blood pressure medications.

Have less risk of medical debt and eviction and can better afford to buy groceries or pay rent.<sup>11</sup>



### SENIORS IN IA-01

Have access to nursing home care, transportation to medical appointments, and home health services.

Stay healthy and receive needed care in their homes and communities.



## Medicaid keeps families in IA-01 healthy and working

Many low-wage jobs either do not offer health coverage or offer coverage that is unaffordable. Medicaid provides health coverage for workers at these jobs so they can remain healthy and earn income for their families.

- **At least 45,761 low-wage workers** in IA-01 are covered by Medicaid.<sup>12</sup>
- Nationwide, **92% of adults** covered by Medicaid either work, care for a family member, have an illness or disability, or attend school.<sup>13</sup>

*Cutting Medicaid would make our country's affordability crisis much worse for families in Iowa who already face significant health care costs.*

## Medicaid is the bedrock of the health system in Southeast and Central Iowa

**Medicaid keeps hospitals in the district open.** From Davenport to Newton, and Maquoketa to Sigourney, Medicaid pays for roughly 20% of all hospital services at multiple hospitals across the district, including at Jackson County Regional Health Center, Keokuk County Hospital and Clinics, Mahaska Health, Southeast Iowa Regional Medical Center, UnityPoint Health — Trinity Bettendorf, and the University of Iowa Hospitals and Clinics.<sup>14</sup>

If Medicaid is cut, hospitals will treat more uninsured people, and the amount of uncompensated care will increase. A total of 5% of the district's residents are already uninsured, and increased losses in patient revenue would put all Iowa hospitals at risk.<sup>15</sup>

Medicaid also plays important roles in providing access to behavioral health care and nursing home care. Medicaid is the largest payer for mental health care, substance use disorder treatment, and other community services to curb the opioid epidemic and care for people with mental illness.<sup>16</sup> **Medicaid also covers half of all nursing home residents in Iowa.**<sup>17</sup>

## Medicaid stabilizes Iowa's state and local economies

Medicaid is the largest source of federal funding for Iowa, accounting for 52% of the federal funds received by the state.<sup>18</sup> Medicaid dollars ensure Iowa can deliver essential health care without depleting resources reserved for other essential services, including public safety, transportation, housing and education.

Cutting Medicaid would make our country's affordability crisis much worse. Americans from all backgrounds just voted for economic security, imploring their representatives to lower costs on everyday needs, including health care. Cutting Medicaid would be a direct betrayal of constituents by making health care more unaffordable. **Families across Iowa already face significant health care costs:**

- **Nearly 1 in 6 people living in Iowa** have a high medical cost burden.<sup>19</sup>
- **Median medical out-of-pocket spending in Iowa is about \$2,800 per person**, almost \$1,000 higher than the national average.<sup>20</sup>

**Congress has the responsibility to stand with families in Iowa and across the country by protecting Medicaid and opposing any attempts to weaken this essential program.**

## Endnotes

- <sup>1</sup> Rhiannon Euhus, Alice Burns, and Robin Rudowitz, “Congressional District Interactive Map: Medicaid Enrollment by Eligibility Group,” KFF, March 11, 2025, <https://www.kff.org/medicaid/issue-brief/congressional-district-interactive-map-medicaid-enrollment-by-eligibility-group/>.
- <sup>2</sup> Euhus, Burns, and Rudowitz, “Congressional District Interactive Map.”
- <sup>3</sup> Families USA analysis of data from Euhus, Burns, and Rudowitz, “Congressional District Interactive Map” and U.S. Census Bureau, U.S. Department of Commerce, “Age and Sex,” American Community Survey, ACS 1-Year Estimates Subject Tables, Table S0101, 2023, accessed February 10, 2025, <https://data.census.gov/table/ACSST1Y2023.S0101?q=S0101&g=500XX00US1901>.
- <sup>4</sup> Euhus, Burns, and Rudowitz, “Congressional District Interactive Map.”
- <sup>5</sup> Centers for Medicare & Medicaid Services, Medicaid and CHIP profile, November 2024. <https://www.medicaid.gov/state-overviews/state-profiles>.
- <sup>6</sup> Grace Sparks, Robin Rudowitz, and Ashley Kirzinger, “Public Opinion on the Future of Medicaid: Results From the KFF Medicaid Unwinding Survey and KFF Health Tracking Poll,” KFF, June 4, 2024, <https://www.kff.org/medicaid/poll-finding/public-opinion-on-the-future-of-medicaid-kff-medicaid-unwinding-kff-health-tracking-poll/>.
- <sup>7</sup> “7 Charts About Public Opinion on Medicaid,” KFF, March 7, 2025, <https://www.kff.org/medicaid/poll-finding/7-charts-about-public-opinion-on-medicaid/>.
- <sup>8</sup> KFF, “7 Charts.”
- <sup>9</sup> Sparks, Rudowitz, and Kirzinger, “Public Opinion.”
- <sup>10</sup> “How Medicaid Supports Student Success,” Georgetown University, Center for Children and Families, accessed March 11, 2025, <https://ccf.georgetown.edu/2025/01/09/how-medicaid-supports-student-success/>.
- <sup>11</sup> David U. Himmelstein et al., “Prevalence and Risk Factors for Medical Debt and Subsequent Changes in Social Determinants of Health in the US,” *JAMA Network Open* 5, no. 9 (2022): e2231898, <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2796358>.
- <sup>12</sup> U.S. Census Bureau, U.S. Department of Commerce, “Health Insurance Coverage Status and Type by Work Experience by Sex,” American Community Survey, ACS 1-Year Estimates Detailed Tables, Table B27012, 2023, accessed February 10, 2025, <https://data.census.gov/table/ACSDT1Y2023.B27012?q=Table+B27012&g=500XX00US1901>.
- <sup>13</sup> Jennifer Tolbert et al., “Understanding the Intersection of Medicaid and Work: An Update,” KFF, February 4, 2025, <https://www.kff.org/medicaid/issue-brief/understanding-the-intersection-of-medicaid-and-work-an-update/>.
- <sup>14</sup> “Hospital Cost Tool,” National Academy for State Health Policy, last updated February 7, 2025, <https://tool.nashp.org/>.
- <sup>15</sup> U.S. Census Bureau, U.S. Department of Commerce, “Selected Characteristics of Health Insurance Coverage in the United States,” American Community Survey, ACS 1-Year Estimates Subject Tables, Table S2701, 2023, accessed February 10, 2025, <https://data.census.gov/table/ACSST1Y2023.S2701?q=Table+S2701&g=500XX00US1901>.
- <sup>16</sup> “Behavioral Health Services,” Medicaid.gov, Centers for Medicare & Medicaid Services, n.d., <https://www.medicaid.gov/medicaid/benefits/behavioral-health-services/index.html>; “How Medicaid Helps People With Substance Use Disorders,” Georgetown University, Center for Children and Families, accessed on February, 29, 2025, <https://ccf.georgetown.edu/2025/02/19/how-medicaid-helps-people-with-substance-use-disorders/>; “Medicaid Is Vital to Iowa,” Georgetown University, Center for Children and Families, February 2025, <https://ccf.georgetown.edu/wp-content/uploads/2025/02/Medicaid-is-Vital-to-Iowa-2025-Fact-Sheet.pdf>.
- <sup>17</sup> “Medicaid in Iowa,” KFF, August 2024, <https://files.kff.org/attachment/fact-sheet-medicaid-state-IA>.
- <sup>18</sup> Georgetown University Center for Children and Families, “Medicaid Is Vital.”
- <sup>19</sup> “Iowa At-a-Glance,” State Health Access Data Assistance Center, n.d., <https://www.shadac.org/iowa>.
- <sup>20</sup> State Health Access Data Assistance Center, “Iowa At-a-Glance.”

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