



Medicaid Matters to Washington's 5th Congressional District (WA-05)

Washington's Medicaid program (Apple Health) is a lifeline in Eastern Washington

Apple Health provides health coverage for children, working families, veterans, vulnerable seniors, people with disabilities and many others in Washington.¹

Apple Health serves as the core financial backbone of Eastern Washington's health care system, paying for care and services at local clinics and hospitals and serving as a critical engine for the local economy.

In WA-05, Medicaid Serves:



A total of 230,100 people — **29% of all residents** in the district. In fact, WA-05 has the second-highest Medicaid enrollment in the state.²



A total of 87,800 children — **54%** of all children in the district.³



A total of **41,400 seniors** and **people with disabilities**.⁴

Nearly 2 million people are at risk of losing access to care if Congress cuts or caps Medicaid funding, forcing the state to offset budget holes by throwing people off coverage, cutting provider reimbursement, and/or eliminating essential health services. Any cut to Medicaid is a direct attack on the health and financial security of people living in Eastern Washington and runs counter to the will of the vast majority of voters from across political parties who want Congress to continue to guarantee coverage for low-income people through Medicaid.



A total of **82% of adults** want Congress to maintain or increase Medicaid spending.⁷



A total of **67% of Republicans** want Congress to maintain or increase Medicaid spending.⁸



A total of **71% of voters** want Congress to continue to guarantee coverage for low-income people through Medicaid.⁹

April 2025 Fact Sheet

Protecting Medicaid Means:

CHILDREN IN WA-05

Have access to newborn care, checkups, care for diabetes and asthma, and more.

Stay healthy and ready to learn, miss fewer school days, are more likely to graduate, and earn more as adults.¹⁰



FAMILIES IN WA-05

Have access to cancer screenings, mental health and substance use disorder treatment, and diabetes and blood pressure medications.

Have less risk of medical debt and eviction and can better afford to buy groceries or pay rent.¹¹







SENIORS IN WA-05

Have access to nursing home care, transportation to medical appointments, and home health services.

Stay healthy and receive needed care in their homes and communities.



Medicaid keeps families in WA-05 healthy and working

Many low-wage jobs either do not offer health coverage or offer coverage that is unaffordable. Medicaid provides health coverage for workers at these jobs so they can remain healthy and earn income for their families.

- At least 61,781 low-wage workers in WA-o5 are covered by Apple Health. 12
- Nationwide, **92% of adults** covered by Medicaid either work, care for a family member, have an illness or disability, or attend school.¹³

Cutting Medicaid would make our country's affordability crisis much worse for families in Washington who already face significant health care costs.

Medicaid is the bedrock of the health system in Eastern Washington

Apple Health keeps hospitals in the district open. It pays for up to 29% of all hospital services provided in WA-05, encompassing hospitals from Spokane and Walla Walla to Ritzville and Colfax. ¹⁴ This includes:

- 29% of all hospital services at Odessa Memorial Health Center.
- **27% of all hospital services** at Providence Sacred Heart Medical Center.
- 23% of all hospital services at Providence St. Joseph's Hospital.
- 21% of all hospital services at Whitman Hospital. 15

If Medicaid is cut, hospitals will treat more uninsured people, and the amount of uncompensated care will increase. A total of 6% of the district's residents are already uninsured, and increased losses in patient revenue would put Eastern Washington hospitals at risk.¹⁶

Medicaid also plays important roles in providing access to behavioral health care and nursing home care. Medicaid is the largest payer for mental health care, substance use disorder treatment, and other community services to curb the opioid epidemic and care for people with mental illness.¹⁷ **Apple Health also covers 3 in 5 nursing home residents in Washington.**¹⁸

Medicaid stabilizes Washington's state and local economies.

Medicaid is the largest source of federal funding for Washington, accounting for 70% of the federal funds received by the state.¹⁹ Medicaid dollars ensure Washington can deliver essential health care without depleting resources reserved for other essential services, including public safety, transportation, housing and education.

Cutting Medicaid would make our country's affordability crisis much worse. Americans from all backgrounds just voted for economic security, imploring their representatives to lower costs on everyday needs, including health care. Cutting Medicaid would be a direct betrayal of constituents by making health care more unaffordable. Families in Washington already face significant health care costs:

- **81% of people living in Washington** are worried about affording health care.
- 39% of people living in Washington struggled to pay medical bills.
- **56% of people living in Washington** skipped needed care due to cost.²⁰

Congress has the responsibility to stand with families in Washington and across the country by protecting Medicaid and opposing any attempts to weaken this essential program.

Endnotes

- ¹Rhiannon Euhus, Alice Burns, and Robin Rudowitz, "Congressional District Interactive Map: Medicaid Enrollment by Eligibility Group," KFF, March 11, 2025, https://www.kff.org/medicaid/issue-brief/congressional-district-interactive-map-medicaid-enrollment-by-eligibility-group/.
- ² Euhus, Burns, and Rudowitz, "Congressional District Interactive Map."
- ³ Families USA analysis of data from Euhus, Burns, and Rudowitz, "Congressional District Interactive Map" and U.S. Census Bureau, U.S. Department of Commerce, "Age and Sex," American Community Survey, ACS 1-Year Estimates Subject Tables, Table S0101, 2023, accessed February 10, 2025, https://data.census.gov/table/ACSST1Y2023.50101?q=S0101&g=500XX00US5305.
- ⁴ Euhus, Burns, and Rudowitz, "Congressional District Interactive Map."
- ⁵ Centers for Medicare & Medicaid Services, Medicaid and CHIP profile, November 2024. https://www.medicaid.gov/state-overviews/state-profiles.
- ⁶ Grace Sparks, Robin Rudowitz, and Ashley Kirzinger, "Public Opinion on the Future of Medicaid: Results From the KFF Medicaid Unwinding Survey and KFF Health Tracking Poll," KFF, June 4, 2024, https://www.kff.org/medicaid/poll-finding/public-opinion-on-the-future-of-medicaid-kff-medicaid-unwinding-kff-health-tracking-poll/.
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- 8 KFF, "7 Charts."
- ⁹ Sparks, Rudowitz, and Kirzinger, "Public Opinion."
- ¹⁰ "How Medicaid Supports Student Success," Georgetown University, Center for Children and Families, accessed March 11, 2025, https://ccf.georgetown.edu/2025/01/09/how-medicaid-supports-student-success/.
- ¹¹ David U. Himmelstein et al., "Prevalence and Risk Factors for Medical Debt and Subsequent Changes in Social Determinants of Health in the US," JAMA Network Open 5, no. 9 (2022): e2231898, https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2796358.
- ¹² U.S. Census Bureau, U.S. Department of Commerce, "Health Insurance Coverage Status and Type by Work Experience by Sex," American Community Survey, ACS 1-Year Estimates Detailed Tables, Table B27012, 2023, accessed February 10, 2025, https://data.census.gov/table/ACSDT1Y2023.B27012?q=Table+B27012&g=500XX00US5305.
- ¹³ Jennifer Tolbert et al., "Understanding the Intersection of Medicaid and Work: An Update," KFF, February 4, 2025, https://www.kff.org/medicaid/issue-brief/understanding-the-intersection-of-medicaid-and-work-an-update/.
- 14 "Hospital Cost Tool," National Academy for State Health Policy, last updated February 7, 2025, https://tool.nashp.org/.
- ¹⁵ National Academy for State Health Policy, "Hospital Cost Tool."
- ¹⁶ U.S. Census Bureau, U.S. Department of Commerce, "Selected Characteristics of Health Insurance Coverage in the United States," American Community Survey, ACS 1-Year Estimates Subject Tables, Table S2701, 2023, accessed February 10, 2025, https://data.census.gov/table/ACSST1Y2023.S2701?q=Table+S2701&g=500XX00US5305.
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